

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (previously presented) A whistling punching bag, comprising:
 - (a) a punching bag,
 - (b) a compressible pneumatic target mounted partially inside the surface of said punching bag and partially outside the surface of said punching bag, and
 - (c) a whistle, and
 - (d) means for sounding said whistle when said compressible pneumatic target is struck by the user.
2. (original) The whistling punching bag of Claim 1 wherein said compressible pneumatic target is in the shape of a hemisphere outside the surface of said punching bag and in the shape of a hemisphere inside the surface of said punching bag with a narrower section transfixing the surface of said punching bag.
3. (original) The whistling punching bag of Claim 1 wherein said compressible pneumatic target is connected to said whistle by a pneumatic hose.

4. (currently amended) A whistling punching bag comprising:
- (a) a punching bag [[,]] having a cover and filler material;
 - (b) a plurality of compressible pneumatic targets [[,]], on attached to said cover of said punching bag, and;
 - (c) a whistle operatively connected to each of the plurality of compressible pneumatic targets, and
 - (d) means for actuating said whistle when one or more of said plurality of compressible pneumatic targets is struck by the a user.
5. (currently amended) A whistling punching bag comprising:
- (a) a punching bag having a cover and a filler material,
 - (b) at least one compressible pneumatic target attached to said punching bag [[,]] cover, and
 - (c) a whistle, and
 - (d) a pneumatic hose connecting said at least one compressible pneumatic target to said whistle.